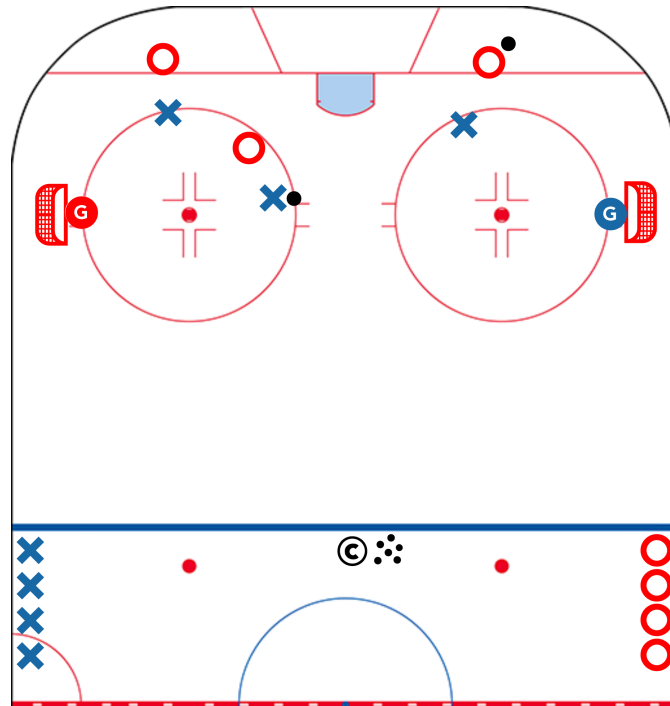




3 v 3 SAG (Two Puck Game)



Description

This is a simple game, but it creates some intensity and develops on-ice awareness on offense and defense. Start play 3 v 3, although it can be played 4 v 4 or maybe 5 v 5 full-ice. Coach puts two pucks into play. Players can't score unless their team is in possession of both pucks. This requires communication, puck protection, and quick decision making once a team gains possession of both pucks. Quick decision making will often start with quick passes to the forward without the puck. The coach may have to help by calling out, when a team has both pucks.

Key Points

Puck protection, moving the puck to open ice, using teamwork to keep the puck away from the defending team, while fighting over the second puck, quick decisions, on-ice awareness.