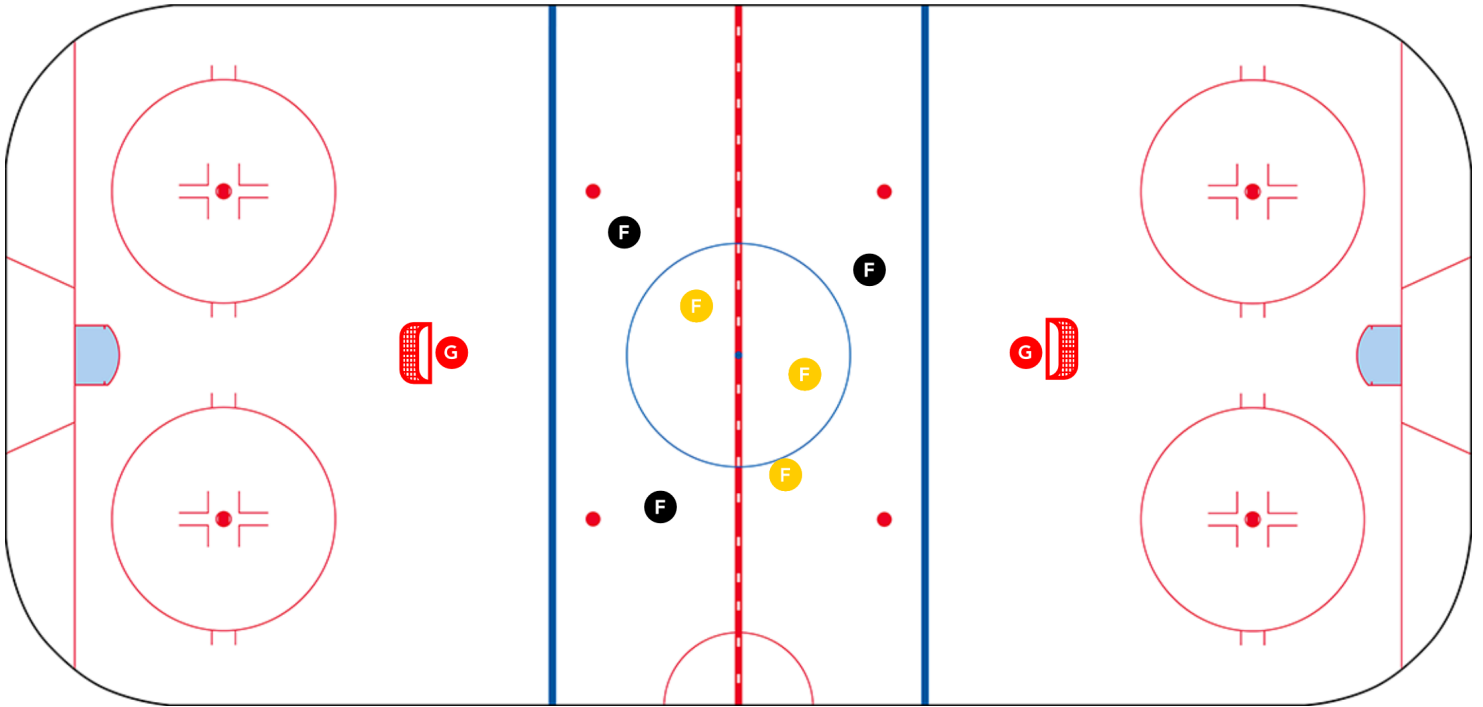




## 3 v 3 SAG (Breakout Progression)



### Description

Here is a game to begin teaching the basics of a conventional breakout. This game is played with nets drawn in, as shown, or cross ice, depending on players available. Play is quite simple. In order to have a scoring opportunity, the puck must go behind the defensive net, either passed or skated. Once the puck goes behind the net, there will be many different options to complete the breakout and develop a scoring opportunity. With a reversal, the weak side can be attacked. With a horizontal takeover behind the net, and reading the forecheck, maybe the defensive team's coverage can be confused. Close support, short passes and back passes can be emphasized.

Variation: Place a defenseman (or 2), in effect making the game a 4 v 4 or a 5 v 5, behind the net to whom the puck must be passed to execute required pass behind the net. To start, there should be a 'free' zone behind the goal line of each net, where the puck can't be attacked, giving the defenseman and the other defenseman or one of the forwards ample time to read and create the beginnings of a good breakout. Once the game is understood, add pressure on the defenseman.

### Key Points

Emphasis: Close support, read/react, facing the puck or play, short passes, quick puck movement, reversals, takeovers (misdirection)